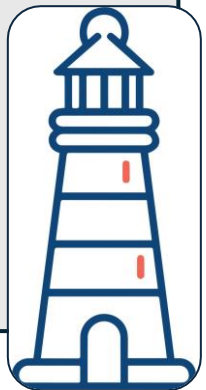


# HDRC South Tees: embedding a positive research culture in local authority

Rachel Summerhill, Senior Organisational Development Business Partner

Hayley Cotson, Organisational Development Business Partner



# Health Determinants Research Collaboration

- Funded by the National Institute for Health and Care Research (NIHR)
- HDRCs boost research capacity and capability within local government and embed a culture of evidence-based decision making
- Our focus is on wider determinants of health and tackling health inequalities
- HDRC South Tees is
  - one of 30 funded across the UK
  - a collaboration between Redcar and Cleveland and Middlesbrough Councils and Teesside University



### Research support process & coordination

Facilitating research  
collaboration:

- ★ Contact form
- ★ Research co-ordinators
- ★ Matchmaking'

### Organisational development

Embedding research and  
building research capacity:

- ★ Sandpits
- ★ Training
- ★ Incorporate research into  
LA processes and practices
- ★ HDRC Ambassadors

### Creating a research ecosystem

**Light touch system of  
managing research in LA**

- ★ **Governance**
- ★ **Ethical**
- ★ **Robust**

### The Community-based Research Programme

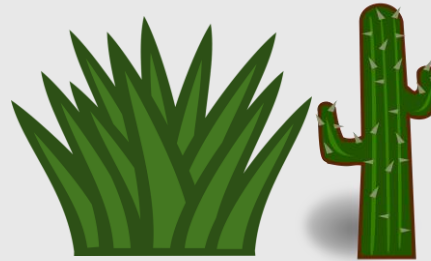
- ★ Delivered by Redcar  
and Cleveland Voluntary  
Development Agency
- ★ 10 Community based  
researchers trained in  
research methods
- ★ Identify research  
questions of importance  
to disadvantaged  
communities



## Adopting Ecosystem thinking



**Confront culture  
killers**



**Be clear on what we're trying to grow**



**Upskill in the right  
places**



**Provide positive  
solutions**



**Give space and the right platform to  
try new things**



**Know the right conditions for people  
to thrive**



**Celebrate successes  
and value ideas**



## ODs areas of focus for a positive research culture

### Building awareness of the value of research

- Corporate & local inductions
- Social Work academy training plans
- Appraisals and performance review frameworks
- Delivering cross-org sandpit sessions throughout org

### Learning events and resources

- Growing talent across all directorates
- Delivering high quality training to unlock research potential for all colleagues across the organisation
- Championing and developing those who already use research practices in their services
- Routes to research

### Taking elected members on the journey

- Establishing a working group to encourage collaborative working for mission and goals of programme
- Joining forces with community-based researchers
- Understanding how research and evidence can shape decision making and scrutiny

### Engaging leaders and promoting sustainable outcomes

Providing a range of mechanisms to facilitate increased engagement and confidence in senior leadership to inform future research and using existing evidence more confidently.

Identifying champions at senior level to advocate for better use of research when making decisions

**We're dedicated in ensuring relationships are developed through understanding barriers and offering opportunities to colleagues and partners at all levels.**



# MH Research Cases: Routes to Rights [0044]

Title: **Routes to Rights: Evaluating a system response to social welfare needs**

HWB Ref: LW1 / LW6, LW10 / AW1 / DW1

Status: Submitted

## Overview:

- The proposal makes the best use of available services and agencies through a 'shoulder-to-shoulder' peer approach to mobilising a more informed workforce and connecting services through shared learning.









## Mental Health Focus:

- Reduce levels of harmful debt through advice and support around available benefits
- Increase community cohesion, resilience and engagement through joined-up working and shared learning
- Improve outcomes for inclusion health groups by improving advice and support offered to those approaching the end of life or with life-limiting illnesses
- Reduce loneliness and isolation by working with individuals to ensure they receive all the support available to them
- Improve end-of-life care





# MH Research Cases: Routes to Rights [0044]

Principal Investigator (PI)	Co-applicant – Original Idea	Co-applicant
<p>Prof Hannah Hesselgreaves Professor of Public Service Reform and Director of PERU</p> 	<p>Dr Colette Hawkins Academic Palliative Care Consultant</p> 	<p>Dr Madeline Carter Assistant Professor, Organisational Psychologist</p> 
Co-applicant	Co-applicant	Co-applicant
<p>Prof Mark Smith Visiting Professor of Public Service Innovation</p> 	<p>Prof Paul Crawshaw Professor in Public Policy</p> 	<p>Dr Mandy Cheetham Assistant Professor</p> 
Co-applicant – LA	Co-applicant Lived Experience	Facilitator
<p>Mark Adams Director of Public Health</p> 	<p>David Black Lived Experience Experts</p>	<p>Abby List Research Coordinator</p> 



## 2.MH Research Cases: Dementia Diagnosis [0075]

Title: **Exploring the barriers to accessing health services and diagnosis of dementia in the South Asian community in Middlesbrough**

HWB Ref: AW1 / AW2 / AW3

Status: In Progress

### Overview:

- Working with the South Asian communities in Middlesbrough to explore the reason for low dementia diagnosis rates, as well as raising awareness and education











### Mental Health Focus:

- Reducing loneliness and isolation through awareness of the support available
- Ensure our communities are dementia-friendly through education, training and awareness





# MH Research Cases: Dementia Diagnosis [0075]

<p><b>Dr Catherine Parker</b> Public Health Consultant</p> 	<p><b>Emma McInnes</b> Health Improvement Specialist</p> 	<p><b>Aliyah Akhtar</b> Service Manager</p> 	<p><b>Sarah Dallal</b> Strategic Lead for Equality, Diversity and Inclusion</p> 
<p><b>Dr Ventatesh Muthukrishnan</b></p> 	<p><b>Idrees Rashid</b> BME Network Coordinator</p> 	<p><b>Jane Rogers</b> Team Manager</p> 	<p><b>Shazia Noor</b> Director Nur Fitness</p>
<p><b>Dr Ahmad Khundakar</b> Senior Lecturer</p> 	<p><b>Matthew Ford Higgins</b></p> 	<p><b>Dr Andrew Divers</b> Community and Ethics Lead</p> 	<p><b>Abby List</b> Research Coordinator</p> 